

**Physical Education (K-12)**  
**Winston-Salem State University**

Minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
B	Kinesiology, Fundamental Motor Skills & Movement Forms	PED 2340	Motor Development	
C	Anatomy or Physiology	BIO 2311, 2312	Anatomy & Physiology I, II	
		PED 3411	Kinesiological Basis of Human Development	
		PED 3321	Exercise Physiology	
D	Fitness, Nutrition, & Obesity Prevention	HED 1301	Concepts of Fitness & Health	
		HED 2301	Nutrition	
E	Sports, Physical & Leisure Activities	PED 2142 AND	Analysis of Teaching Team Sports AND	
		PED 2143	Analysis of Teaching Individual and Dual Sports	

Posted: Spring 2018  
 Revised: Spring 2018

**Course Offering Codes:**

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand  
 e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

**Notes:**

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (\*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.wssu.edu/>